



NOVEMBER 2019



INFORMATION

HAIR CARE TUES.- RM. 429
FOR APPOINTMENTS CALL
Colleen 586-3094 or
for an alternative time call
Tawn 574-850-9983

FREE TRANSPORTATION TO LOCAL BUSINESSES ON WEDNESDAYS
*Sign up in Transportation
Leave times - 9:00 & 1:00

PODIATRY SERVICE DR. VORENKAMP
For an appointment sign up is located by the bulletin board. **Next visit: Dec.**

MEAL TIMES

Breakfast 7:15 - 8:45 Mon.-Fri.
7:15 - 9:00 Sat. & Sun.
Main Meal 11:15 - 1:00 Daily
Supper 4:30 - 6:00 Daily

PHONE EXTENSIONS

MANAGER784
Becky
RESIDENT SERVICES140
Jennifer & Tawn
TRANSPORTATION119
Bev
HAIR CARE STUDIO143
SPIRITUAL CAREGIVER.....717
Marcy
PASTOR793
Fr. Matthias
RECEPTION..... 0*

*If you call reception after hours,
it is forwarded to the Security Office.
Leave a message when prompted

EMERGENCY?
Activate your alert button.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Place your fire extinguisher outside your door on Monday, November 4		Daily Catholic Liturgy Schedule Mon-Fri 7:00 a.m. in Visitation Chapel* Sunday 9:00 a.m. in Ancilla Domini Ch. Daily 11:15 a.m. in the CKH Chapel		* Note: Fr. Matthias is on retreat Nov. 3-9. A communion service will be offered Nov. 4-8th at 7:00 a.m. in the Visitation Chapel.	1 ALL SOUL'S DAY 10:00 - Act. Rm STRENGTH	2 ALL SAINT'S DAY TURTLE TOPPER INDIANA SAND DUNES PROGRAM Leave time - 12:45
3 Turn your clock back one hour before you retire on Saturday. <i>Apt. Cleaning Wk.1</i>	4 10:00 - Activity Room PHOTO SHARING 3:00 p.m. -Act. Rm. MOVIE MONDAY	5 10:00 - Act. Room STRETCH 1:00 - Act. Rm. CASTING CALL 2:45 - Meet in lounge MINISTRY VISIT	6 9:30 - Activity Rm. A.S.L. CLASS 10:30 - Activity Room WORK EXPERIENCE : PUZZLES	7 10:30 - Activity Rm. PEACE PILGRIM HOLIDAY PORTRAITS *Sign up by bulletin board.	8 TURTLE TOPPER VALPO SHOPPING & LUNCH Leave time - 10:30	9
10 <i>Apt. Cleaning Wk.2</i>	11 NO MAIL TODAY 10:00 - Activity Room DRAWING LESSON 2:30 - CKH VETERAN'S DAY PROGRAM	12 9:30 - Activity Room WORK EXPERIENCE: ORNAMENTS 2:30 - Activity Room RESIDENT MEETING	13 10:30 - Activity Room WORK EXPERIENCE: GUESS 9:30 p.m. - Ancilla College BLACK LIGHT BOWLING	14 10:30 - Activity Rm. PEACE PILGRIM TURTLE TOPPER SANDHILL CRANES Leave time - 4:00	15 10:00 - Act. Rm STRENGTH 2:45 - Meet in lounge TECH TALKS	16 FANNIE Volunteer Opportunity Warsaw, IN *See posted flyer. 7:00 - MAIN CHAPEL HANDEL'S MESSIAH
17 <i>Apt. Cleaning Wk.1</i>	18 TURTLE TOPPER PAWN SHOP & LUNCH Leave time - 10:00 3:30 - Activity Rm HEALTH MATTERS	19 REFLEXOLOGY 10:00 - Act. Rm STRETCH 2:45 - Activity Room PAINT ALONG: ILLUMINATION	20 9:30 - Activity Rm. A.S.L. CLASS 10:30 - Activity Room WORK EXPERIENCE: GAME	21 10:30 - Activity Rm. PEACE PILGRIM 5:00 - Meet in lounge DINNER AT ZIRKLE COMMONS	22 10:00 - Act. Rm STRENGTH TURTLE TOPPER WAKARUSA Leave time - 12:45	23
24 2:30 - Cenacle <i>Apt. Cleaning Wk.2</i>	25 HAIR CARE TODAY 2:00 - CKH 2nd Floor COUNTRY MUSIC	26 10:00 - Act. Rm STRETCH 1:00 - Activity Room SPIRITUAL LISTENING	27 10:30 - Activity Room BAKE IT: PERSIMMON RECIPE	28 THANKSGIVING	29 10:00 - Act. Rm STRENGTH 6:00 p.m. - Srs. D.R. MOVIE ON THE BIG SCREEN	30



ACTIVITY DESCRIPTIONS

Reminder all activities are tentative and may change with notice.

AMERICAN SIGN LANGUAGE (A.S.L): Learn basic words and phrases. Our goal is casual conversation with the hearing impaired.

BAKE IT: Make a delectable persimmon pudding to share.

BINGO: Family, friends, visitors are invited to join us.

BLACK LIGHT BOWLING: A special invitation from Ancilla college to join them for late night fun at Quick Lanes.

COUNTRY MUSIC: A regularly scheduled music program at CKH. Visit and enjoy.

DINNER AT ZIRKLE COMMONS: Join us for an early Thanksgiving meal with the college students. RSVP by Tuesday, November 19. Cost \$5.00.

DRAWING LESSON: Practice simple techniques to help you draw everyday objects and see the world a whole new way.

GAME: Jared from the work experience program will be here to play L.C.R with residents. Come and find out what it is all about.

GUESS: Jared from the work experience program will leave you guessing what this is all about.

HANDEL'S MESSIAH- Free performance. Those who purchased dinner tickets will have reserved seating. Seating first come for those just attending performance.

HEALTH MATTERS—Representative from St. Joseph Hospital visits to talk about health related topics. This month: **S.A.D. Advocate for someone**

MINISTRY VISIT: Visit with our neighbors residing at CKH Memory unit for a sharing program.

MOVIE MONDAY: As the weather draws us indoors, enjoy Movie Mondays. This month is Native American Heritage Month, let's honor our Native American Vets by learning about their service in a History Channel Documentary titled, "Navajo Code Talkers". 50 minutes.

MOVIE ON THE BIG SCREEN: Get into the holiday spirit with a 1940's classic, *Remember the Night*.

ORNAMENTS: Help us assemble ornaments for this year's Maria Center Christmas Tree.

PAINT ALONG: Explore your creative side, while you learn acrylic painting techniques. This month we will paint a candle to illuminate the Christmas season.

PEACE PILGRIM: For further study, discussion and action. Explore Steps Toward Inner Peace led by Elsa.

PHOTO SHARING: Learn photography tips. Receive a photo scavenger hunt list to practice and share.

PUZZLES: Jared from the work experience program loves puzzles. We will have a puzzle assembly challenge.

SPIRITUAL LISTENING: Led by resident Bill Burke. All residents are welcome to attend and share their wisdom.

STRETCH/STRENGTH: Follow along exercise routines to get your blood pumping, your muscles stronger and your back stretched.

TECH TALKS: Learn basic terminology and techniques. Receive a list of upcoming topics.

VETERAN'S DAY PROGRAM: Join us in honoring our Veteran's at CKH. Led by Marcy Heil, Spiritual Caregiver.

CASTING CALL



Are you interested in exploring your acting talents or theatrical personality? Join us for a casting call on Tuesday, November 5 at 1:00 in the activity room. Be part of planning a December program to spotlight hidden Maria Center talent.



HOLIDAY PORTRAITS

As you prepare your Christmas greetings, why not send along a photo to family and friends. We take the photo and then place an order for the prints. Schedule located by the bulletin board.



ACTIVITY PLANNING

Join us in the activity room before the monthly resident meeting at 1:45 to offer suggestions or contact Jennifer at ext. 140.



INDEPENDENT LIVING APARTMENTS

P.O. Box 1—9601 Union Road
Donaldson, Indiana 46513-0001
Phone: (574) 935-1784
Website: www.thecenteratdonaldson.org

November

ACTIVITY CALENDAR

Questions? Call Jennifer at 140

VOLUNTEER

Our volunteer, Lynda, will be here on Dec. 13 and can help you. Call Jennifer to set up a time.



MOONTREE EXPERIENCES

*call 712 for pricing and to register

November Experiences: The Practice of Meditation, Gentle Yoga, Contemplative Journey, Gratitude Journal, Crochet Hat, Spin Yarn

LINDENWOOD PROGRAMS

Call ext. 780 to register and obtain program cost.

December 3

Discipleship & Evangelization

with Fr. Jerry Schweitzer from 8:30-3:30



ANCILLA CHARGERS HOME SCHEDULE



BASKETBALL

Games take place at the LifePlex.

6th at 6:30 (Women)

14th at 6:00 (Women)

TRANSPORTATION

A sign up is located by the Maria Center Bulletin Board.



TURTLE TOPPER TRIPS

*Sign up by the bulletin board.
See calendar for dates and times.

INDIANA SAND DUNES STATE PARK – Gales of November Shipwreck program. Learn about the treacherous side of the Great Lakes in this fascinating program about the storms and shipwrecks of the past.

VALPARAISO SHOPPING- Stops at Barnes and Noble, Kohl's and Shoe Carnival. Lunch at Panera Bread.

SANDHILL CRANES - Don't miss the opportunity to see this amazing annual migration at the Jasper-Pulaski County Park. A boxed meal will be provided on the way.

PAWN SHOP– Learn about the local Pawn Shop and browse through their retail section. Lunch at the Sunrise Restaurant before returning to Donaldson.

WAKARUSA– Visit the famous Wakarusa Dime Store and then browse baked goods at Granny's Market.

UPCOMING DECEMBER **RSVP NEEDED IN NOV.**

MEMORIAL OPERA HOUSE– Get into the Christmas spirit with our annual stop at the Memorial Opera House in Valparaiso for their Christmas Cabaret on Wed., Dec. 18. RSVP needed by Monday, November 18. Tickets \$5.00.

ELF AT THE SOUTH BEND CIVIC– See this new family classic on stage on December 4 at 7:00 p.m. RSVP required by Monday, November 4. Cost is \$25.

THANKSGIVING DAY

We think of Thanksgiving at resting time
The circle completed is but a chime
In the songs of life, in lives of men;
We harvest the toils of our years, and then
We wait at the gate of the Kings highway
For the dawn of our soul's on Thanksgiving Day.



- Rose Hartwick Thorpe