

## ACTIVITY DESCRIPTIONS



Reminder all activities are tentative and may change with notice.

### AEROBIC/STRETCHING/STRENGTH:

Follow along with a video to keep yourself fit and flexible.

**BINGO:** Family, friends, visitors are invited to join us. Ten cents a game.

**BIRTHDAY CELEBRATION:** This month we celebrate Clarence, Dawn, Doris and Ed.

**CKLC MEMORIAL SERVICE:** Honor and remember CKLC residents, Sisters and staff who have passed.

**C.N.A. RECOGNITION SERVICE:** In honor of nurses for C.N.A Week.

**DRAWING:** Tips on drawing and a follow along project. Bring last month's practice project with you.

**E.W. CAMPS:** Meet the Earthwork campers for lunch and participate in an intergenerational activity.

**FAITH SHARING:** Led by Lexie and Becky, all are welcome to share and participate.

**FIRE EXTINGUISHER TRAINING:** The Center at Donaldson Support and Security staff will provide an hands on training on how and when to use the fire extinguishers.

**FIRESIDE:** Volunteers from the PHJC Volunteer Immersion Program will join us for a fireside supper and sing along at the west end of the lake.

**GAME:** Join us for a game from the game closet or bring one with to share.

**GOLF CART RIDES:** Schedule golf cart rides with through the transportation office. Call ext. 119.

**HEALTH MATTERS:** A monthly program provided by St. Joseph Health System outreach program. This month: Shingles.

**MEN'S LUNCH:** Maria Center male residents are invited to join the male residents at CKH for a monthly men's luncheon. This month Steve will share his artwork.

**MINISTRY VISIT:** Visit and minister to the residents residing at the Memory Unit.

**MUSICAL PERFORMANCE:** A special vocal performance with piano accompaniment.

**PAINT ALONG:** Follow along and paint a summer themed work of art.

**PHOTO SHARING:** Bring photos from the most recent scavenger hunt and receive the new list. Learn some tips on how to take photos and use the digital format.

**PRESENTATION:** The Beacon representative will be here to update and provide information from recent co-worker in-services: You Push My Buttons, Refuse to Be Offended and What Does Mutual Respect Mean Anyway. A sign up sheet is located in the lounge.

**RICH HISTORY:** Listen to Rooted in Marshall County: Interviews with local family farms provided by the Marshall County Historical Society.

**SHERIFF'S VISIT:** A representative will be here to talk to residents about safety precautions in emergency situations.

**SMOOTH CONVERSATION:** Enjoy a unique smoothie combination and interesting conversation.

**SPIRITUAL LISTENING:** Led by resident Bill Burke. All residents are welcome to attend and share their wisdom.



## MARIA CENTER INDEPENDENT LIVING

P.O. Box 1—9601 Union Road  
Donaldson, Indiana 46513-0001  
Phone: (574) 935-1784  
Website: www.thecenteratdonaldson.org



## ACTIVITY CALENDAR

Questions? Call Jennifer at 140



### TURTLE TOPPER TRIPS

\*Sign up by the bulletin board.  
See calendar for dates and times.

**WARSAW** – Visit the Salt Cave, a unique and relaxing experience followed by lunch at Creighton's Crazy Egg Café and then a walk through the Warsaw Biblical gardens.

**CHICAGO ARCHITECTURAL TOUR** - Still time to sign up for a trip to Navy Pier. Enjoy an architectural boat tour and lunch. \$50.00. Call 140 and register by June 4.

**ROUND BARN** – The deadline to register for this Turtle Topper has passed. Ticket \$ is due.

**Upcoming Summer Trips:** Cooks Bison Farm, Extreme Golf Cart Ride, Fair Oaks, Picnic in the Park, Stroll and Dinner by St. Joe River, SB Cubs Baseball Game

Help plan activities and trips, attend the Activity planning meeting after the monthly Resident meeting or contact Jennifer at extension 140.



### LINDENWOOD PROGRAM:

Conference Retreat June 24-29  
with Fr. Jerry Schweitzer  
Contact Lindenwood for more info.



## EXPERIENCES AT MOONTREE - JUNE

COPIES OF THE MOONTREE CATALOG ARE LOCATED IN THE MARIA CENTER LOUNGE.

Fused Glass Mosaics	June 2 & 3
Art Journaling	June 2, 9 & 16
Clay - Wheel Throwing	June & July dates
Nature in Watercolor	June 6-8
Process Painting	June 15-17
Summer Solstice Prayer	June 21 at 9:00 (free)
Wetlands Q & A	June 21
Paper Collage Painting	June 22
Solstice Solar Dyeing	June 23
Egg Centric Fiber Dyeing	June 23
Music from Clay	June 23
Grand Kankakee	
Marsh Trip -	June 28 from 10:00-5:00
Chinese Calligraphy	June 30

\*Scholarships are available for residents, up to 75% of the experience cost (one per year).

CALL EXT. 712 FOR MORE INFORMATION AND TO REGISTER.



### TREKKING ON THIRTY

How far can you Trek on Rt. 30? Earn a mile for every 30 minutes of exercise you do June - August and see how far you get. We will keep track on a map in the Maria Center lounge. See Tawn or Jennifer after you finish a exercising.

Examples: Gardening, walking, biking, stretching, lifting weights, etc.



# JUNE 2018



## INFORMATION

### PHONE EXTENSIONS:

Manager.....784  
Becky

RESIDENT SERVICES..140  
Jennifer & Tawn

TRANSPORTATION.....119

HAIR CARE.....143

**SPIRITUAL**  
Fr. John.....793  
Marcy .....717


**RECEPTION**.....0\*


\*After hours reception is forwarded to the Security office. Leave a message, if prompted.

### EMERGENCY?

Activate your alert button.

 **HAIR CARE** -Rm. 429  
Tues. & Wed.  
Colleen 586-3094  
Karissa 260-248-1233

 **SHOPPING**  
Every Wed. 9:00 & 1:00.  
Sign up in Transportation.

 **PODIATRY SERVICES**  
Contact Becky if you are interested in the new Podiatry Services, soon to be offered, at Maria Center.

## Summer

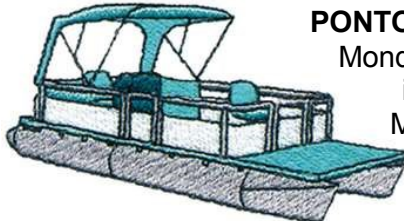
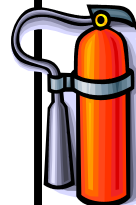








### MEAL TIMES

**Breakfast** 7:30-8:45 M-F  
7:30-9:00 Sat  
7:15-9:00 Sun

**Main Meal** 11:15 -1:00 Daily

**Supper** 4:30 - 6:00 Daily

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>PONTOON CRUISES</b> Monday evenings in June. Meet in lounge at 5:00 pm. *Weather permitting.	<b>Daily Catholic Liturgy Schedule:</b> <b>Mon-Fri</b> 7:00 a.m. in Visitation Chapel <b>Sunday</b> 9:00 a.m. in Main Ch. <b>Daily</b> 11:15 a.m. in the CKH Chapel <b>Reconciliation</b> - 1st Friday of each month in the Visitation Chapel.		 Place your fire extinguisher outside your door on <b>MONDAY,</b> <b>JUNE 4</b>	<b>1</b>  <b>DORIS</b> <b>BOWLING</b> Meet in lounge Leave time - 1:30	<b>2</b>
<b>3</b>  <b>APT. CLEANING WK 1</b>	<b>4</b> 10:00- Act. Rm. <b>STRETCH</b> 3:00 - Act. Rm. <b>PHOTO SHARING</b>	<b>5</b> <b>TURTLE TOPPER</b> <b>WARSAW</b> Leave time - 9:00	<b>6</b> 3:00 - Act. Rm. <b>GAME</b>	<b>7</b> 10:00 - Act. Rm. <b>STRENGTH</b> 2:00 - Portico <b>SMOOTH</b> <b>CONVERSATION</b>	<b>8</b> 10:30 - Portico <b>CORN HOLE</b> 3:00 - Activity Rm. <b>RICH HISTORY</b>	<b>9</b>
<b>10</b>  <b>APT. CLEANING WK 2</b>	<b>11</b> 10:00- Act. Rm. <b>STRETCH</b> 2:45 - Act. Rm. <b>DRAWING</b>	<b>12</b> 10:00 - Lounge <b>WALK</b> 2:30 - Activity Rm. <b>RESIDENT MEETING</b> 3:15 - Lounge <b>SHERIFF'S DEPT.</b>	<b>13</b> 11:15-Meet in lounge <b>EW CAMP</b> T.B.D. - <b>PRESENTATION</b> 2:00 - CKH <b>C.N.A RECOGNITION</b> <b>SERVICE</b>	<b>14</b> <b>TURTLE TOPPER</b> <b>CHICAGO</b> <b>ARCHITECTURAL</b> <b>TOUR</b> Leave time - 8:00	<b>15</b> 10:00 - Portico <b>CORN HOLE</b> 11:15 - Meet in lounge <b>EW CAMP</b> 3:00 - Activity Rm. <b>RICH HISTORY</b>	<b>16</b> 
<b>17</b>  <b>CLARENCE</b> 2:30 - Dining Rm  <b>APT. CLEANING WK 1</b>	<b>18</b> 10:00- Act. Rm. <b>STRETCH</b> 11:15 - Meet in lounge <b>MEN'S LUNCH</b>	<b>19</b> 10:00 - Lounge <b>WALK</b> 2:00 - Activity Room <b>BIRTHDAY</b> <b>CELEBRATION</b>	<b>20</b> 11:15 - Meet in lounge <b>EW CAMP</b> 3:00 - Main Chapel <b>MUSICAL</b> <b>PERFORMANCE</b>	<b>21</b> <b>FIRST DAY OF</b> <b>SUMMER</b> 11:30 - Zaccheus Rm. <b>FAITH SHARING</b> 3:15 - Meet in lounge <b>MINISTRY VISIT</b>	<b>22</b>  <b>DAWN</b> 10:00 - Portico <b>CORN HOLE</b> 11:15 - Lounge <b>EW CAMP</b> 3:00 - Act. Rm. <b>RICH HISTORY</b>	<b>23</b>  <b>ACTIVITY ROOM</b> <b>RESERVED</b>
<b>24</b> <b>TURTLE TOPPER</b> <b>ROUND BARN</b> Leave time—12:30 5:00 - Meet in lounge <b>FIRESIDE</b> <b>APT. CLEANING WK 2</b>	<b>25</b> 10:00- Act. Rm. <b>STRETCH</b> 2:30 - Act. Room <b>SPIRITUAL</b> <b>LISTENING</b>	<b>26</b> 10:00 - Lounge <b>WALK</b> 2:00 - Meet in lounge <b>FIRE EXTINGUISHER</b> 3:15 - Act. Rm. <b>PAINT ALONG</b>	<b>27</b>  <b>ED</b> 11:15 - Meet in lounge <b>EW CAMP</b> 2:00 - CKH <b>CKLC MEMORIAL</b> <b>SERVICE</b>	<b>28</b> 10:00 - Act. Rm. <b>STRENGTH</b> 3:00 - Activity Room <b>HEALTH MATTERS</b>	<b>29</b> 10:30 - Portico <b>CORN HOLE</b> 11:15 - Meet in lounge <b>EW CAMP</b> 3:00 - Activity Rm. <b>RICH HISTORY</b>	<b>30</b>