

## ACTIVITY DESCRIPTIONS



Reminder all activities are tentative and may change with notice.

### ACTIVITIES WITH JESSE STUDENTS:

As part of their work program JESSE students are working with us on various activity projects. Join us in helping the students learn important work skills though activity preparation and planning.

- **Pi Day:** Celebrate Pi Day (3.14) by making pies we will share with the Memory Unit.
- **BINGO:** Have fun guessing jelly belly flavors and enjoy some Bingo with students and co-workers.

**AEROBIC/STRETCHING/STRENGTH:** Follow along with the video to keep yourself **fit and flexible**.

**BINGO:** Family, friends, visitors are invited to join us. **Ten cents a game.**

**BIRTHDAY CELEBRATION:** Join us in **celebrating Dot and Carol.**

**CPR TRAINING:** Residents are welcome to join the Maria Center staff for their annual **CPR First Aid training.**

**DRAWING:** Step by step instructions on how to **sketch a 'bunny'** and add details.

**EGG DECORATING:** Participate in the Christian tradition of decorating eggs for the **Easter holiday.**

**EGG HUNT:** See posted information.

**FAITH SHARING:** Associate Director, Libby Riggs will share some **insight on the Triduum.**

**GROUP GAME:** Join us for a game of **Wheel of Fortune.**

**HOSPICE ROOM BLESSING:** See posted information.

**INTERVIEWS WITH THE STUDENTS:** Students will notify you of the scheduled interview time and date. Contact Jennifer if you have questions.

**LAST DAY OF WINTER BLIZZARD:** Maria Center hosts an **ice cream social** in the Emmaus Dining room for residents, sisters, co-workers and students. If you would like to volunteer and serve, please contact Jennifer at ext. 140.

**HEALTH MATTERS:** A monthly program provided by St. Joseph Health System outreach program. This month: **Information about the Bowels.**

**MEN'S LUNCH:** Maria Center male residents are invited to join the male residents at CKH for a **monthly men's luncheon.**

**MINISTRY VISIT:** **Visit and minister** to residents in the Memory Unit.

**MOVIES:** Join us in the 5th floor activity room. **Information about the movies is located on the bulletin board.**

**MUSIC WITH TIM:** Join Tim and Friends for a **St. Patrick's day music performance.**

**PAINT ALONG:** Follow along and paint an **OWL** for our March subject.

**PARTNERING WITH THE SPIRIT:** See posted information.

**PEANUT BUTTER LOVERS DAY:** **Make a suet treat** for the spring birds and stay to **enjoy a grilled peanut butter sandwich.**

**PUP PARTY:** **Calling all party animals** to join us to celebrating Molly's 15th birthday (our resident dog).

**PHOTO SHARING:** All are welcome to participate. Bring photos from the most recent scavenger hunt and receive the new list. **Learn some tips on how to take photos and use the digital format.**

**SPIRITUAL LISTENING:** Led by resident Bill Burke. All residents are welcome to attend and **share their wisdom.**

**STUFF EASTER EGGS:** Volunteer to **stuff the Easter Eggs for the CKLC** annual Easter Egg Hunt.



### LINDENWOOD RETREATS—Call 780

- Lenten Day Retreat - March 19, 8:30-3:00
- Kerygma Retreat - March 9-11
- Be(come) a Gift of Love - March 16-17

**RUMMAGE SALE:** If you are interested in selling some items in a sale hosted by Maria Center in mid April, a sign up is located by the bulletin board. Resident is responsible for pricing the items and bringing them to the sale location.



## MARIA CENTER INDEPENDENT LIVING

P.O. Box 1—9601 Union Road  
Donaldson, Indiana 46513-0001  
Phone: (574) 935-1784  
Website: [www.thecenteratdonaldson.org](http://www.thecenteratdonaldson.org)



## TURTLE TOPPER TRIPS

**\*Sign up by the bulletin board.**  
See calendar for dates and times.

## ACTIVITY CALENDAR

Questions? Call Jennifer at 140



### EXPERIENCES AT MOONTREE

**Poetry Club** – Call MoonTree at 712 for information on next meeting.

**Flame Working-Open Torch** – March 3, 1:00 - 4:00.

**Begin to Weave** – March 3, 10 & 17 from 9:30-3:00.

**Toward Resiliency and Wholeness** – March 17-18, 9:00 - 4:00

**Flame Working - Open Torch** – March 24, 1:00 - 4:00

**Contemplative Prayer** – March 24, 9:00 - 3:00

**Binding Paper** – March 31, 1:00 - 4:00

**Empty Bowls** – benefit Northern Indiana Food Bank – March 18, 5:00-7:00 ET, \$15

CALL EXT. 712 FOR MORE INFORMATION AND TO REGISTER.

\*Scholarships are available for residents, up to 75% of the experience cost. (1/yr.) For more information contact MoonTree.

**MARSHALL COUNTY HISTORICAL SOCIETY** – Sr. Mary Jo Shingler is presenting on the 150th Year of PHJC presence in Indiana. A bagged lunch will be provided.

**MAPLE TAPPING** - The staff at Bendix Park in New Carlisle demonstrates how to tap a maple tree and then show how the maple is processed. Note: Trail is gravel.

**S.B. CIVIC THEATRE: IN THE HEIGHTS** – 2008 Tony Award for best Musical. This play tells the story of a community on the brink of change, deciding between which traditions to take with them and which ones to leave behind. Reservations must be received by March 7. Tickets are \$23.

**FISH FRY** - Join Fr. John for the annual Fish Fry at Our Lady of Sorrows in Valparaiso.

**BOWLING** - Bumper bowling for fun at Quick Lanes in Plymouth.

*Help plan activities and trips, attend the Activity planning meeting after the monthly Resident meeting or contact Jennifer at extension 140.*



## EMPTY BOWLS

Sponsored by MoonTree to raise funds for the Northern Indiana Food Bank. Three different soups served. Tickets are \$15 and available at reception.

# MARCH 2018



## INFORMATION

### PHONE EXTENSIONS:

Manager.....784  
 Becky  
 RESIDENT SERVICES..140  
 Jennifer & Tawn  
 TRANSPORTATION.....119  
 HAIR CARE.....143  
 SPIRITUAL  
 Fr. John.....793  
 Marcy .....717  
 RECEPTION.....0\*

\*After hours reception is forwarded to the Security office. Leave a message, if prompted.

**EMERGENCY?**  
 Activate your alert button.

**LINDENWOOD ITEMS**  
 Tuesday from 9:30-10:00 in the lounge.

**HAIR CARE** -Rm. 429  
 Tues. & Wed.  
 Colleen 586-3094  
 Karissa 260-248-1233

**SHOPPING**  
 Every Wed. 9:00 & 1:00.  
 Sign up in Transportation.

**SENIOR WELL SERVICES**  
 Contact Jennifer, if you are interested in Podiatry Care. Next scheduled day is March 27.



### MEAL TIMES

**Breakfast** 7:30-8:45 M-F  
 7:30-9:00 Sat  
 7:15-9:00 Sun  
**Main Meal** 11:15 -1:00 Daily  
**Supper** 4:30 - 6:00 Daily

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Place your fire extinguisher outside your door on <b>MONDAY, MARCH 5.</b>	4:30 - Visitation Ch. <b>STATIONS OF THE CROSS FRIDAYS DURING LENT</b> * ALL ARE WELCOME *	<b>Daily Catholic Liturgy Schedule:</b> Mon-Fri 7:00 a.m. in Visitation Chapel Sunday 9:00 a.m. in Main Ch. Daily 11:15 a.m. in the CKH Chapel Reconciliation - 1st Friday of each month in the Visitation Chapel.		<b>1</b> 10:30 - Act. Rm. <b>STRENGTH</b> 11:30 - Activity Room <b>PEANUT BUTTER LOVERS DAY</b>	<b>2</b> 10:00 - Lounge <b>PUP PARTY</b> 1:00 - Activity Room <b>MOVIE</b>	<b>3</b> Turn your clock ahead an hour before you retire this evening. <b>ACTIVITY ROOM RESERVED 9-3</b>
<b>4</b> Apt. Cleaning - Wk 2	<b>5</b> 10:30- Act. Rm. <b>STRETCH</b> 2:45 - Act. Rm. <b>DRAWING</b>	<b>6</b> 10:30 - Act. Rm. <b>AEROBIC</b> 2:30 - Activity Room <b>RESIDENT MEETING</b>	<b>7</b> 9:30 & 3:00 - Activity Room <b>STUFF EGGS FOR EGG HUNT</b>	<b>8</b> 8:00 - 4:00 Activity Room <b>CPR TRAINING</b> 1:00 - CKH <b>HOSPICE ROOM BLESSING</b>	<b>9</b> <b>TURTLE TOPPER</b> Historical Society PHJC 150th Year Leave time - 11:00 1:00 - Activity Room <b>MOVIE</b>	<b>10</b> Turn your clock ahead an hour before you retire this evening. <b>ACTIVITY ROOM RESERVED 9-3</b>
<b>11</b> 2:00 - Cana Hall <b>PARTNERING WITH THE SPIRIT</b> Apt. Cleaning - Wk 1	<b>12</b> 10:45 - Meet in lounge <b>MEN'S LUNCH</b> <b>TURTLE TOPPER: MAPLE TAPPING</b> Leave time - 1:15	<b>13</b> DOT 10:30 - <b>AEROBIC</b> 2:00 - Act. Rm. <b>BIRTHDAY CELEBRATION</b>	<b>14</b> 9:30 - Act. Rm. <b>JESSE STUDENTS Pi Day</b>	<b>15</b> 10:30 - Act. Rm. <b>STRENGTH</b> 2:45 - Meet in lounge <b>MINISTRY VISIT</b>	<b>16</b> 10:00 - Act. Rm. <b>MOVIE</b> <b>TURTLE TOPPER</b> Fish Fry Leave time - 3:45	<b>17</b> <b>ST. PATRICK'S DAY</b> 10:00 - CKH <b>EGG HUNT</b> 2:30 - TBD <b>MUSIC WITH TIM</b> 5:00 - Cana Hall <b>EMPTY BOWLS</b>
<b>18</b> <b>TURTLE TOPPER: CIVIC THEATRE In the Heights</b> Leave time - 1:00 Apt. Cleaning - Wk 2	<b>19</b> <b>ST. JOSEPH'S DAY</b> 11:15 - 12:15 Emmaus D.R. <b>LAST DAY OF WINTER BLIZZARD</b>	<b>20</b> <b>FIRST DAY OF SPRING</b> 10:30- Act. Rm. <b>STRETCH</b> TBD - Activity Room <b>INTERVIEWS WITH STUDENTS</b>	<b>21</b> 9:30 - Cenacle D.R. <b>JESSE STUDENTS</b> Guess the Taste Jelly Bellies & <b>BINGO</b>	<b>22</b> 10:30 - Act. Rm. <b>STRENGTH</b> TBD - Activity Room <b>INTERVIEWS WITH STUDENTS</b> 3:00 - Activity Room <b>HEALTH MATTERS</b>	<b>23</b> 11:00 - Cana Hall <b>PARTNERING WITH THE SPIRIT</b> 1:00 - Meet in Lounge <b>BOWLING IN TOWN</b>	<b>24</b> CAROL
<b>25</b> <b>palm SUNDAY</b> Apt. Cleaning - Wk 1	<b>26</b> 10:30- Act. Rm. <b>STRETCH</b> 2:45 - Act. Rm. <b>PAINT ALONG</b>	<b>27</b> 10:30 - Act. Rm. <b>AEROBIC</b> 11:30 - Activity Room <b>SPIRITUAL LISTENING</b>	<b>28</b> 10:00 - Act. Rm. <b>EGG DECORATING</b> 3:00 - Act. Rm. <b>GROUP GAME</b>	<b>29</b> <b>HOLY THURSDAY</b> 11:30 - Zaccheus <b>FAITH SHARING</b> 2:45 - Activity Room <b>PHOTO SHARING</b>	<b>30</b> <b>GOOD FRIDAY</b>	<b>31</b> <b>HOLY SATURDAY</b>